

CRANFORD PUBLIC SCHOOLS
Cranford, New Jersey

School Year: 2010-2011

Dear Parents/Guardians:

The Cranford Public Schools will be conducting a screening program for Scoliosis for pupils in grades 5, 7, 9 and 11 who have not been screened in their annual physical or sports physical, as required by law (Chapter 97, Laws of New Jersey 1978).

Scoliosis is defined as a condition of the spine in which the spine may curve to the left or right. It is most commonly found during the time of rapid growth and may progress if not treated. The purpose of the screening program is to recognize Scoliosis in its earliest stages. Under provisions of the law we will routinely examine all pupils in grades 5, 7, 9 and 11. However, a pupil may be exempt from this examination if requested by the parent/guardian. If you do not want your child screened for Scoliosis, please complete and return the signed exemption form to the school nurse.

On the day of the screening, the students will be asked to remove their shirt. Therefore, it is suggested that girls wear a leotard, bathing suit, camisole or other tight fitting shirt under their clothing. The examiner will stand behind the student to assess their back and spine. They will be looking for asymmetry of the shoulders, shoulder blades, waist, hips and rib cage. The student will be asked to stand erect and then to bend forward to touch their toes. The exam should take 1-2 minutes.

Your child's scoliosis screening will take place during April 2011. Thank you for your cooperation. If you have any questions or concerns, please contact the school nurse.

Sincerely,

School Nurse

I DO NOT WANT MY CHILD EXAMINED FOR SCOLIOSIS _____

Name of Pupil

Date

Signature of Parent/Guardian
