

Livingston, Walnut and Hillside Avenue School Families...

Do you know that our school district has a student assistance program? Services include information on family and parenting resources, guidance, and referral for such issues as:

- *Building self-esteem in children*
- *Parenting/family management/discipline*
- *School adjustment*
- *Emotional stress management*
- *Illness/ grief/ loss in the family*
- *Family/marital/personal stress management*
- *Chemical dependence*

Reading materials and videos are available. Periodic workshops and group meetings offered. **No concern or question is too small!**

For information call Leesa Barenboim, Student Assistance Counselor, at 908-709-6230. All calls and meetings will remain confidential

[Cranford Public Schools Drug and Alcohol Policy](#)

[Helping Agencies](#)

[Parenting links](#)