

May 20, 2009

HEALTH REMINDER

Dear Parent/Guardian:

In order to prevent the spread of infection among our students and staff, parents are asked to keep students home with symptoms of a fever of 100 degrees or higher, cough, sore throat, eye infection (red, itchy eye with thick drainage), vomiting and/or diarrhea.

If your child is absent because of illness, please call your child's school attendance line and give **specific symptoms** (e.g. fever, sore throat, cough, vomiting, diarrhea etc.)

Please do not allow your child to return to school prematurely.

- Student should be fever free (less than 100 degrees) for at least 24 hours without the use of fever reducers such as Acetaminophen (Tylenol) or, Ibuprofen (Advil, Motrin).
- Student should be well rested and well hydrated.
- Student's coughing should be under control and not excessive. Providing students with cough drops is strongly discouraged due to choking and gagging hazards. If your student has a productive cough, please keep your student home and consult your doctor.
- Students with excessively runny noses should not return to school. It is recommended that you give your child some tissues to keep on his person on in his/her book bag.

Students who are absent from school for five consecutive days, or diagnosed with the flu by a physician, must have a physician's note before returning to school.

Thank you for your cooperation.

Sincerely,

James V. McLaughlin, Ed.D.
Assistant superintendent for Administration

/n

